



Klub za ritmično gimnastiko Narodni dom Ljubljana
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GIMNASTIČNA ZVEZA SLOVENIJE



33rd

MTM NARODNI DOM LJUBLJANA

INTERNATIONAL TOURNAMENT IN RHYTHMIC GYMNASTICS



Dear FIG affiliated Member Federation, dear friends of rhythmic gymnastics, The Club for Rhythmic Gymnastics Narodni dom Ljubljana and the Gymnastics Federation of Slovenia have the pleasure **to invite your federation to participate in the aforementioned official FIG International Event.**

Sport hall »Gimnastični center Ljubljana«, Slovenia
28th and 29th March 2020



Organizing Committee

Klub za ritmično gimnastiko NARODNI DOM LJUBLJANA

phone: +386 31 343 522, e-mail: info@ritmika.si, www.klubrg-narodnidom.si

FB: Klub za ritmično gimnastiko Narodni dom Ljubljana; <https://www.facebook.com/events/2360778647490464/>

Dates

Saturday 28th March and Sunday 29th March 2020

Venue

Sport hall »Gimnastični center Ljubljana«, ŠPORT LJUBLJANA, Koprška 29, 1000 Ljubljana, Slovenia

<https://www.google.si/maps/place/Koprška+ulica+29,+1000+Ljubljana/@46.0389249,14.4813609,17z/data=!3m1!4b1!4m2!3m1!1s0x47652d47300a0c8f:0x8e35a2197d220b6b>

Delegation per country

- FIG: 4 gymnasts, max 2 in each category
- 8 gymnasts A level (max 2 per category)
- 5 gymnasts B level (max 2 per category)
- 1 group
- 1 judge – obligatory Brevet for juniors FIG and seniors FIG
- 2 coach
- We will accept two clubs per country; federations have priority

Deadlines

- Preliminary entry by 13th January 2020
- Definitive entry by 13th February 2020
- Nominative entry by 13th March 2020
- Music in mp3 by 13th March 2020 on http://rgform.eu/event.php?id_prop=1623

Please register on

http://rgform.eu/event.php?id_prop=1623

Start fee

- FIG: 40 €
- A level: 40 €
- B level: 30 €
- Group: 20 € per member

CATEGORIES AND TECHNICAL PROGRAM

33rd MTM FIG tournament

Category	Program
SENIORS FIG 2004 and older	<p>4 routines: hoop, ball, clubs, ribbon FIG program 2017–2020</p> <p>Individual all-around: max 2 competitors from country in concourse (if more than two, two with the best results are in concourse, other out of concourse)</p> <p>Finals per apparatus: 8 best gymnasts per apparatus + 1 gymnast from the organizing country Slovenia, max 1 from each country</p>
JUNIORS FIG 2005–2007	<p>4 routines: rope, ball, clubs, ribbon UEG program 2017–2020</p> <p>Individual All-Round: max 2 competitors from country in concourse (if more than two, two with the best results are in concourse, other out of concourse)</p> <p>Finals per apparatus: 8 best gymnasts per apparatus + 1 gymnast from the organizing country Slovenia 2 max. 1 from each country</p>

International tournament

Category	Program
SENIORS GROUPS 2004 and older	1 routine, apparatus by choice
JUNIORS 2005–2006	<p>3 routines by choice UEG program 2017–2020</p>
PREJUNIORS 2007–2008*	<p>2 routines by choice UEG program 2017–2020</p>
CHILDREN 2009–2010*	<p>2 routines by choice: without apparatus, rope, hoop, ball D: max.= 6.00, 3–7 difficulties</p>
BABIES 2011 and younger*	<p>2 routines: 1. without apparatus; 2. rope or hoop D: max.= 4.00, 3–6 difficulties</p>
SENIORS B 2004 and older*	<p>1 routine by choice: rope, hoop, ball, clubs, ribbon D: max= 6.00, 5–7 difficulties</p>
JUNIORS B 2005–2006*	<p>1 routine by choice: rope, hoop, ball, clubs, ribbon D: max= 6.00, 4–6 difficulties</p>
PREJUNIORS B 2007–2008*	<p>1 routine by choice: rope, hoop, ball, clubs D: max= 6.00, 4–6 difficulties</p>
CHILDREN B 2009–2010*	<p>1 routine by choice: rope, hoop, ball, clubs D: max= 6.00, 4–6 difficulties</p>
BABY B 2011 and younger*	1 routine by choice: without apparatus, rope, hoop

*awards by year and by apparatus

Provisional schedule of tournament

Friday, 27. 3. 2020

- Arrival of delegations
- Training
- Technical and judge meeting

Saturday, 28. 3. 2020

- Competition FIG, Seniors A, Juniors A, Prejuniors A
- Banquet

Sunday, 29. 3. 2020

- Competition Baby A, Children A, all categories B level
- Finals FIG Seniors, FIG Juniors

Transportation

The invited participating delegations must pay for the travel costs of their members to/from Slovenia. The organising club will cover the transportation to/from hotel from the airport Jože Pučnik in Ljubljana, Ljubljana train station or Ljubljana bus station upon arrival and by departure. The organising committee will cover the transportation to/from hotel to/from the Competition Hall.

Accommodation

M HOTEL

Derčeva 4, 1000 Ljubljana, Slovenia

phone number: +386 1 513 70 00 , fax number: +386 1 513 70 90

e-mail: info@m-hotel.si, web site: www.m-hotel.si

80 € / person / day (in single room including breakfast and tourist tax)

60 € / person / day (in double/twin room, including breakfast and tourist tax)

55 € / person / day (in triple room, including breakfast and tourist tax)

Each extra lunch or dinner in the hotel costs 10 €.

Šport hotel Ljubljana

Koprska 29, 1000 Ljubljana, Slovenia

https://www.sport-ljubljana.si/Sport_hotel_Ljubljana/

The costs in this second hotel per person per night without breakfast are as follows:

55 € / person / day (in single room including tourist tax)

33 € / person / day (in double/twin room, including tourist tax)

27 € / person / day (in triple or quadruple room, including tourist tax)

There is no served meals available in Sport hotel, but there is a kitchen you can use to prepare food and a bar that offers snacks (croissant, pizza, sandwich). The grocery store is close by.

Visa

Please verify immediately with your travel agent or the Embassy or Consulate in your country if a visa is required for your travel to Slovenia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made on time (at least 6 weeks before the competition). The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.

Insurance

Doctor will be present on official training and both days of competition. The competition hall also has AED defibrillator. Nearest hospital is very close by. UKC Ljubljana - University Medical Centre Ljubljana, Zaloška cesta 2, Ljubljana.

The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. Delegation members with insufficient insurance cover must inform the OC in advance.

We hope to see you in Slovenia!

Sincerely Yours,

Samo Uhan

President of KRG Narodni dom Ljubljana, Slovenia

