

**INTERNATIONAL OPEN CUP 2017 GALICIA  
TRAMPOLINE GYMNASTICS**





# INTERNATIONAL OPEN CUP 2017 GALICIA TRAMPOLINE GYMNASTICS

## REGULATIONS

### DATES OF CELEBRATION

- **April 21-22-23, 2017**
- Place: Pazo dos Deportes Paco Paz (Ourense)

### REGISTRATION DATES

- Preliminary Registration: February 24, 2017. (Appendix I (G. Trampoline)).
- Final registration: March 17, 2017 (Appendix II (G. Trampoline)).

### FEES

- Registration fees are € 10.00 per gymnast to be paid in Banco Sabadell Atlántico National transfers: 0081 5290 79 0001039008 - International Transfers: IBAN ES34 0103 7900 5290 0081 9008 - BIC: BSABESBB . The deposit will be made along with final and named registration (February 24, 2017).

### GENERAL RULES

- All participants must comply with the General Competition Rules and Regulations FGX Licensing into force.
    - All gymnasts must be in possession of a valid federation licence. Should they belong to another Federation they shall attach along with the registration form, a certificate of the Federation containing licence number of the registered gymnast.
    - Registration is limited to 5 male and 5 female gymnasts by Club, category and modality.
  - Each club will have to register a number of international judges for modality according to the following:
    - 2-10 gymnasts = 1 judge
    - 11 – or more gymnasts = 2 judges
- Failure to comply with this rule will be penalized with a payment of 300.00 € to be deposit in the bank account 0081 5290 79 0001039008 along with registration (January 25, 2016).*
- All competitors will receive a participation certificate. Trophy for the first three classified of each category.
  - The Galician Federation reserves the right to suspend the competition in those modalities in which there is no a minimum number of participants.
  - In those cases not covered by these technical regulations the provisions of the Trampoline Code of Points of the International Gymnastics Federation (FIG) shall apply.



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## TECHNICAL REGULATIONS

### MODALITIES

Trampoline and Synchro

Dobleminitramp

Tumbling

### CATEGORIES / AGE OF GYMNASTS

CATEGORY	AGES
Level 1	8-9-10 years (2007, 2008, 2009)
Level 2	11-12 years (2005, 2006)
Level 3	13-14 years (2003, 2004)
Level 4	15-16 years (2001, 2002)
Level 5	13 a 17 years (Cat. Junior)
Level 6	17 a 21 years <b>FIG B</b>
Level 7	17 and more years <b>FIG A</b> – (Cat. Senior)

### TECHNICAL PROGRAM:

#### TRAMPOLINE

#### - LEVEL 1: REGULATION ELITE 4 NATIONAL RFEG

The competition will consist of a preliminary phase, in which each gymnast perform two full years, and a free pass to the finals.

The first pass of the preliminary phase, which will consist of ten elements different, must include the following elements:

- Three elements have at least 360 ° of rotation transverse
- An item with falling chest or back
- An element leaving from breast or from back
- open tent or tent closed

The second pass of the preliminary phase will be free, with minimal difficulty of 1.6 punishment; otherwise, each execution judge deducted 0.5 points per tenth missing up to 1.6 points required.

The pass finals will be free, with minimal difficulty of 1.6 points; otherwise, each execution judge deducted 0.5 points per tenth missing to reach 1.6 points



- LEVEL 2, 3, 4 and 5: AGE GROUP REGULATIONS
- LEVEL 6: FIG B REGULATIONS
- LEVEL 7: FIG A REGULATIONS

#### **DOBLEMINITRAMP & TUMBLING**

- LEVEL 1: REGULATION ELITE 4 NATIONAL RFEG
- LEVEL 2, 3, 4 and 5: AGE GROUP REGULATIONS
- LEVEL 6: FIG B REGULATIONS
- LEVEL 7: FIG A REGULATIONS

#### **SYNCHRO**

Only Junior and Senior categories.

- More than 10 gymnasts in the Preliminary: only 8 will compete in the finals.
- 9 or 10 gymnasts in Preliminary: 6 will compete in the finals.
- If there are 8 gymnasts or less: final classification will be obtained from the preliminary.
- The winner will be the one who gets the highest mark adding preliminary and finals scores.